



# *Wrap Around My Heart*



## *An Original Manek Lady eTutorial*

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The Manek Lady

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Photography : Eric Lim






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# Wrap Around My Heart

Even though I weave elaborate and highly decorated bracelets and cuffs, my personal favourite wrist wear is a simple leather wrap bracelet. Then it struck me, I don't have a beaded wrap bracelet. Time to remedy that. I give to you with all the beady love in the world – Wrap Around My Heart.

Supplies	
A	 2g Size 15° Seed Bead
B	 7g to 10g Size 11° Seed Bead
C	 67 pcs 3mm Firepolished Beads for a 32cm (12.5") bracelet Each firepolish segment will add 0.4 cm (0.25") 1 Single loop clasp 6lb Test Fireline® or 8lb Nanofil™ is recommended Size 12 beading needles
Notions	Legend
Sharp scissors	 Thread starting point
Thread conditioner such as beeswax, synthetic wax, Thread Heaven	 Thread exit point & direction of thread path
Your favourite beading surface	<b>1 2 3</b> Bead numbers #1, #2, etc do not relate to numbers in the step prior unless otherwise indicated.
Light and magnification if desired	

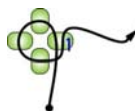
### Disclaimer

Every manufacturer has its own size and shape variations even within its own product group. Different manufacturers have different size and shape variations even though they may be labelled the same between manufacturers.

This project works best with Miyuki® seed beads, Swarovski® crystals and Fireline® or Nanofil™.

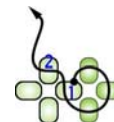
There may be a possibility that it will not be possible to reproduce this project with other brands of beads and crystals due to the inconsistencies between manufacturers and even within the same manufacturer themselves.

Step 1



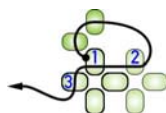
On a long as thread as you can comfortably handle, string 4B. Pass through all the beads again to form a ring. Weave through bead #1 to exit. Leave a short tail to weave in later.

Step 2



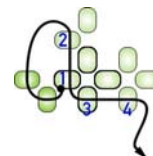
String 3B and pass through bead #1. Weave through bead #2 to exit. The beads from Step 1 are now outlined in black. These are the base beads that will be used to build the Cubic Right Angle Weave (CRAW) units.

Step 3



String 2B and pass through beads #2 and #1. Weave through bead #3 to exit.

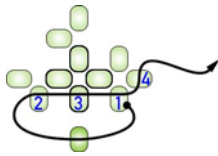
Step 4



String 2B and pass through beads #2 and #1. Weave through beads #3 and #4 to exit.

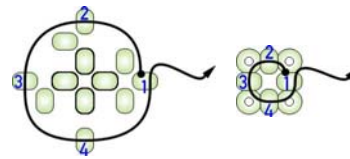


**Step 5**



String 1B and pass through beads #2, #3 and #1. Weave through bead #4 to exit. Your weaving will now resemble a cube. This is the first CRAW unit.

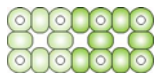
**Step 6**



Flattened Top View Actual Top View

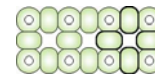
To lock the CRAW unit in place, weave through beads #2 to #4 and back through #1. These are the top beads which will become the new base beads for the next CRAW unit.

**Step 7**



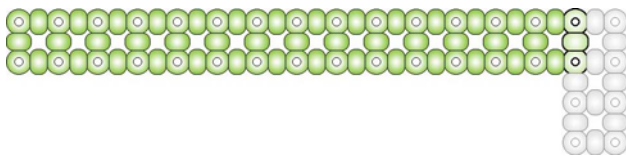
Repeat Steps 2 to 6 twice adding 2 CRAW units to the strip.

**Step 8**



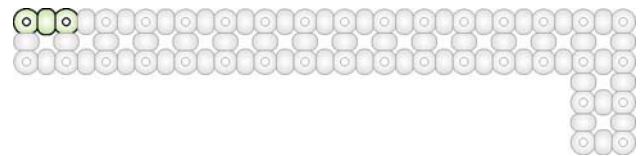
Look for the black outlined B beads in the last CRAW unit woven. These will be the base beads to start the next CRAW unit.

**Step 9**



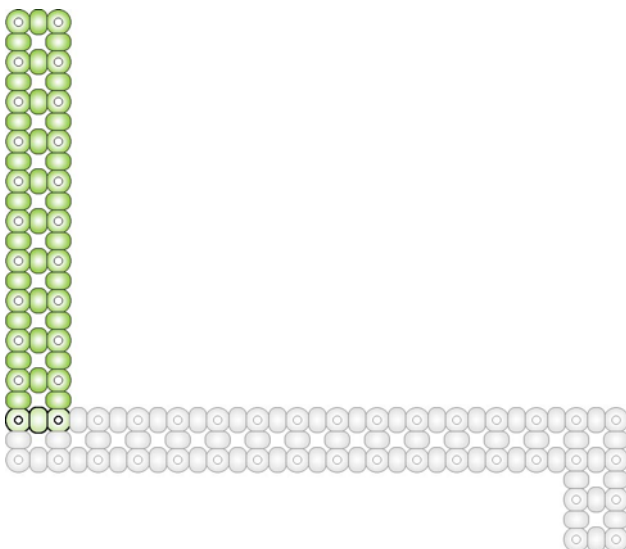
Repeat Steps 2 to 6 fourteen times.

**Step 10**



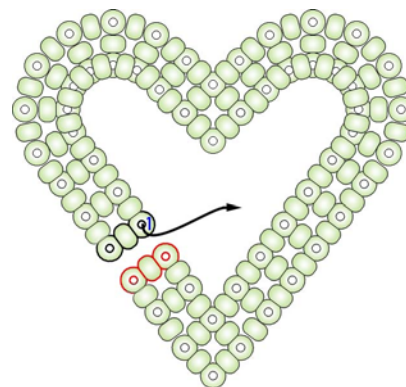
Look for the coloured B beads outlined in black. The above figure show the beads from the side. You will be looking for 4 B beads to start the next CRAW unit.

**Step 11**



Repeat Steps 2 to 6 ten times.

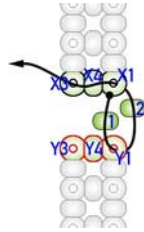
**Step 12**



Bend the end over to meet the first unit. The black outlined beads will be connected to the first unit at the red outlined beads. Make sure the thread is now exiting from bead #1.

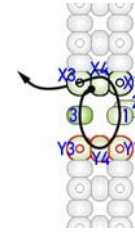


**Step 13**



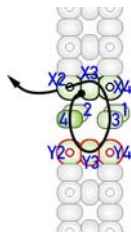
String 1B and pass through bead #Y1. String 1B and pass through bead #X1. Weave through bead #X4 to exit.  
 Note : All bead numbers do not change from this step till Step 16.

**Step 14**



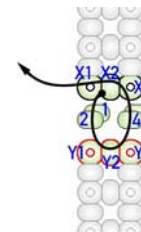
String 1B and pass through bead #Y4, #1 and #X4. Weave through bead #X3 to exit.

**Step 15**



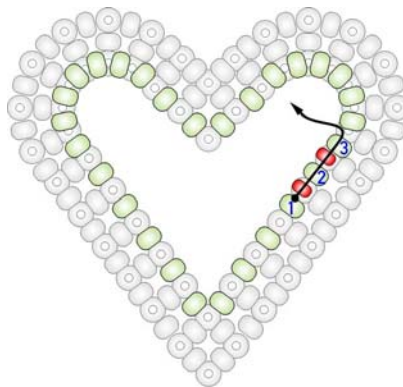
The above diagram shows the weaving from the side of the heart. String 1B and pass through beads #Y3, #3 and #X3. Weave through bead #X2 to exit.

**Step 16**



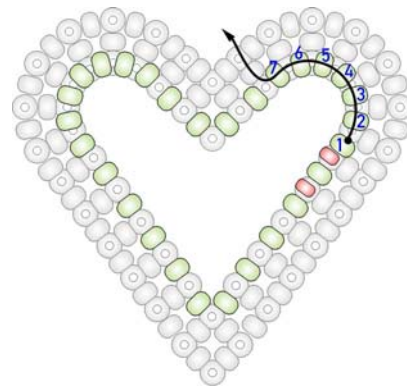
To lock the unit in place, weave through beads #2, #Y2, #4 and #X2.

**Step 17**



String 1A and pass through bead #2.  
 String 1A and pass through bead #3

**Step 18**

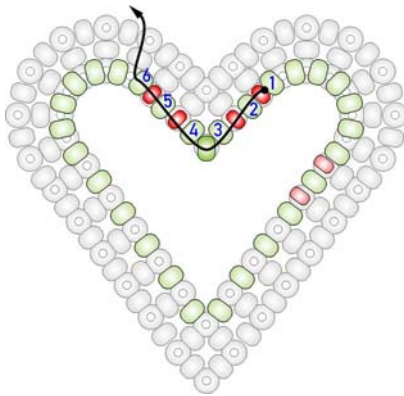


Weave through the next 6 edge B beads without adding any beads.



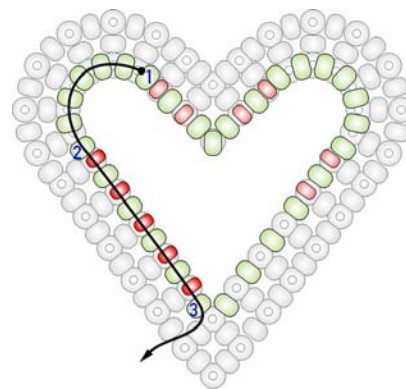


Step 19



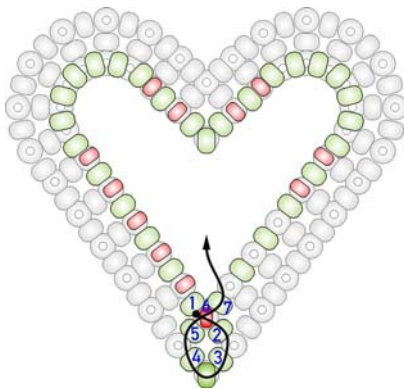
String 1A and pass through bead #2. String 1A and pass through bead #3. String 1B and pass through bead #4. String 1A and pass through bead #5. String 1A and pass through bead #6.

Step 20



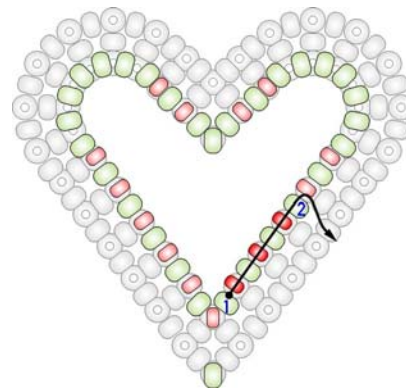
Pass through the next 6 edge B beads as before without adding beads. Place 1A bead in the next 5 edge spaces.

Step 21



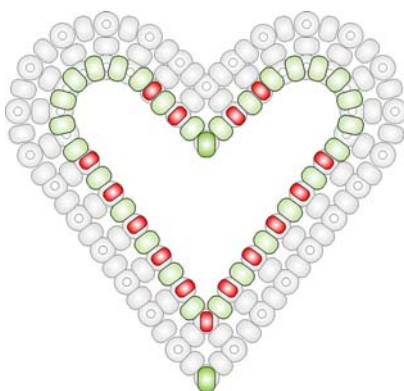
String 1A and pass through beads #2 and #3. String 1B and pass through beads #4 to #7. Bead #6 is the newly added A bead.

Step 22



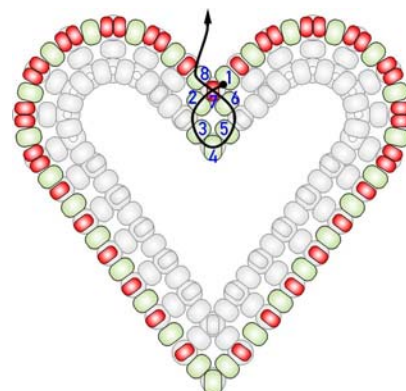
Place 1A bead in the next 3 edge B spaces. Keep the tension on the slightly tight side.

Step 23



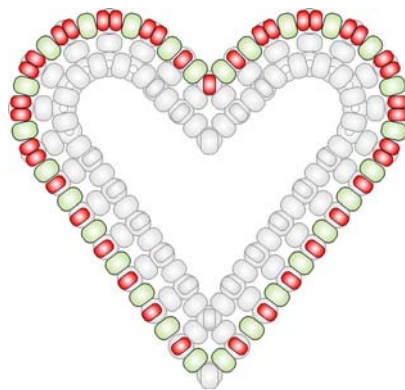
Weave to the reverse side of the heart. Following the instructions from Steps 17 to 22 place either an A or B bead as shown in the above diagram.

Step 24



Weave to the outside edge of the heart. Place either 1A or 2A beads in each of the edge B spaces. Use the above diagram for placement. When you come to bead #1, String 1A and pass through beads #2 to #6. Weave through bead #7, the newly added A bead and then exit through bead #8.

**Step 25**



Repeat Step 24 for the reverse side of the heart. Secure and trim all threads when done. Set aside for now.

**HOW LONG SHOULD THE WRAP PORTION BE?**

The wrap is made of 2 lengths – a short and a long length.

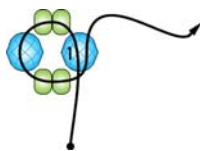
**Short length**

Measure the length from the midpoint of the outside wrist to the midpoint on the inside of the wrist. Measure the length of your clasp and divide that by 2. Minus the clasp half length and 1.5 cm (0.75"). This gives you the short length.

**Long Length**

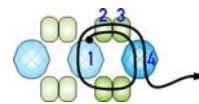
Place a measuring tape at the outside midpoint of the wrist. Wrap that around your wrist. Continue wrapping till you reach the midpoint on the inside of the wrist. Measure the length of your clasp and divide that by 2. Minus the clasp half length and 1.5 cm (0.75"). This gives you the long length.

**Step 26**



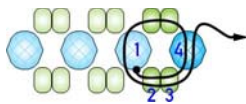
On as long a thread as you can comfortably handle, string 1C, 2B, 1C, 2B. Pass through bead #1, the first C strung. Leave a 25 cm (10") tail.

**Step 27**



String 2B, 1C, 2B and pass through bead #1. Weave through beads #2 to #4 to exit.

**Step 28**



String 2B, 1C, 2B and pass through bead #1. Weave through beads #2 to #4 to exit.

**Step 29**

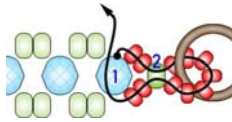


Repeat Steps 27 and 28 until you have the length you need. It does not matter which length you start with.



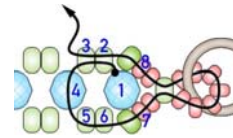


Step 30



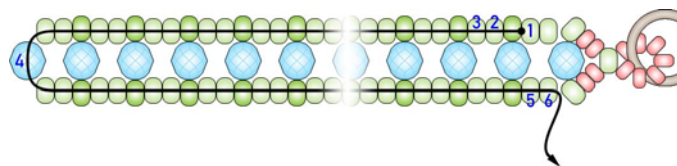
String 2A, 1B, 5 to 7 A beads. Slip on one side of the clasp. Pass through bead #2. String 2A and weave through bead #1 to exit.

Step 31



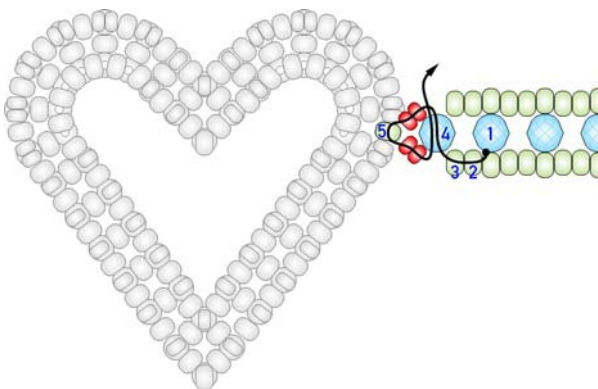
Weave through beads #2 to #6. String 1B and pass through all the beads added in the previous step to exit from bead #8. String 1B and pass through beads #2 and #3 to exit. Repeat the thread path to reinforce.

Step 32



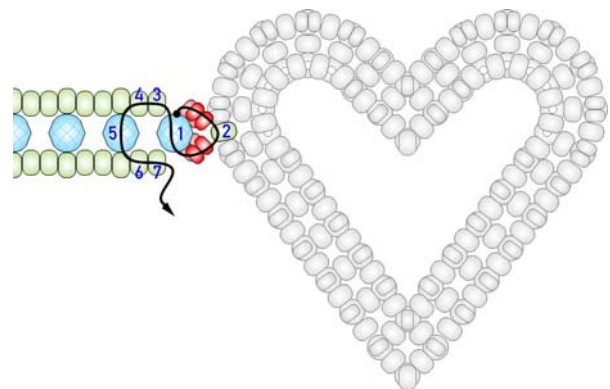
String 1B and pass through beads #2 and #3. Repeat for all the spaces on the edge. Weave through bead #4, the last C bead at the other end to work on the second edge. Continue adding 1B to each of the edge spaces. Secure and trim the working thread when done.

Step 33



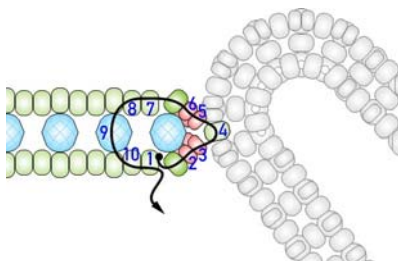
Place a needle back on the tail thread. Weave through beads #2 to #4. String 2A and pass through bead #5 on the heart. String 2A and pass through bead #4.

Step 34



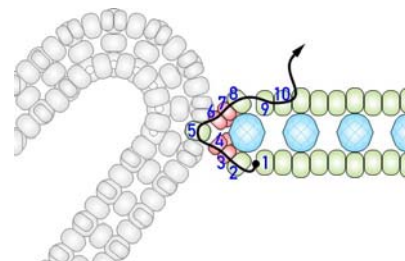
Flip the beadwork over. String 2A and pass through bead #2 on the reverse side of the heart. String 2A and pass through bead #1. Weave through beads #3 to #7 to exit.

Step 35



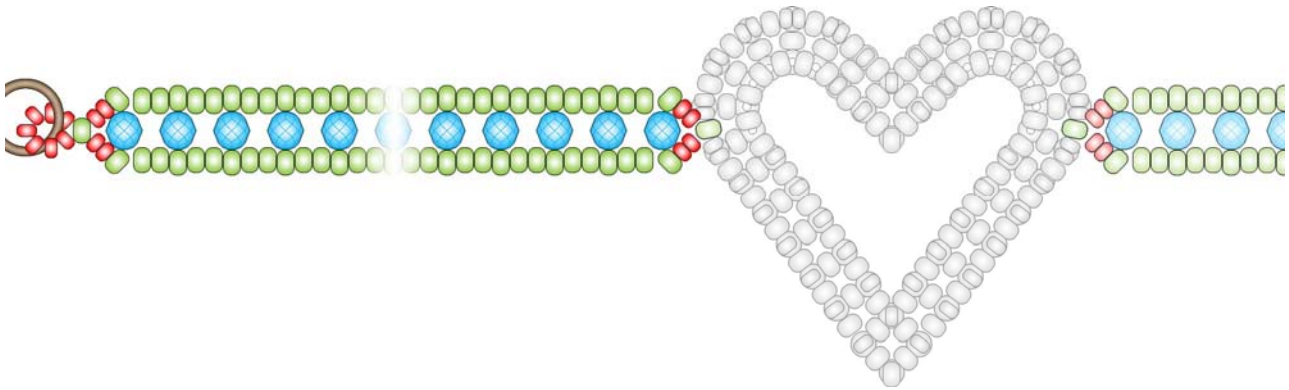
String 1B and pass through beads #2 to #6. String 1B and pass through beads #7 to #10 and #1 to exit.

Step 36



Flip the beadwork over again. Weave through beads #2 to #10 to exit. Beads #2 and #8 are the same B beads added in the previous step. Secure and trim the thread.

Step 37



Repeat Steps 26 to 36 for the other length of wrap. Secure it to the heart. Use the above diagram for placement.

*Congratulations!*  
*Wrap Around My Heart is now complete.*  
*Enjoy!*

